Welcome to week 3. Another busy week is in front of us.

Choir and Keyboard and Guitar group will began today. A note went home yesterday and needs to be returned before next week’s lesson. Please be aware that because of limited instruments, the Keyboard/guitar group is offered from year 6 to year 4 first and then to year 3 students if there are instruments remaining. We have also continued the drumming group. Choir is offered to all students from years 3 to 6.

There were a number of notes sent home last week to get numbers for different up-coming events. Notes need to be returned by the due dates.

Please note the P&C AGM. We hope to see many people there and extend a warm welcome to our new parents. The meeting begins at 6pm in the staffroom.

This week we have class swimming on Thursday so don’t forget your towels, swimmers, rash shirts and goggles (if needed). On Friday we will see our year 3 – 6 students attend the OVLC Swimming carnival. Only 8 year olds in Year 2 can attend if they can swim 50m unaided. Please remember this is a competitive carnival. The P&C are looking for helpers, baked goods and donations of eggs for Friday. All contributions and offers of assistance are greatly appreciated. We will also need time keepers so we look forward to seeing as many people as possible on Friday.

A big Thank You to two of our families.

Presley Sharpen and his parents Tracey and Phillip have purchased a new portable piano for Mr K to teach our kids. Thank you! Your generosity is very much appreciated.

Ciarrah Garlands, grandma Julieanne, has also donated her personal electric piano to add to the resources for our keyboard group. Thank you! We also thank you for your generosity.

Our students are very lucky to have a community like ours.

Don’t forget to ask your child, “what went well today?”

D.Nicholls

Term 1 – Calendar

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>09/02/2016</td>
<td>Choir/Keyboard/Guitar begins</td>
</tr>
<tr>
<td>11/02/2016</td>
<td>Class Swimming Years 1-6</td>
</tr>
<tr>
<td>12/02/2016</td>
<td>OVLC Swimming Carnival</td>
</tr>
<tr>
<td>17/02/2016</td>
<td>P&amp;C AGM 6:00pm</td>
</tr>
<tr>
<td>02/03/2016</td>
<td>Scope IT begins – Years 1-6</td>
</tr>
<tr>
<td>31/03/2016</td>
<td>Responsible Pet Care – Years K-2</td>
</tr>
</tbody>
</table>
**Buses**
The bus duty in the afternoon can be a very hectic time. We always welcome parents to contact the school if there is a change to your child’s usual routine, however we ask can these be kept to essential changes. Students often become very confused when changes are told to them at the last minute. If you have not informed your classroom teacher of your child’s regular routine, I ask that you do in writing, especially for students in K-2. In addition, if you are picking up your child in the afternoon as a change of routine and you haven’t informed the school, please inform the teacher on duty before you leave.

**What went well in 5/6**
We welcome back all our existing and new students to 5/6. A great start to the year has already begun with new programs starting up. This year as part of our PDHPE program we are working through the GRIP Leadership program that was purchased last year. Students have begun to learn different aspects of leadership roles. We will continue to build on this knowledge and skill set over the year. The GRIP Leadership conference that will be held in May will be a great follow up and a wonderful opportunity for the students to learn from experts in this field.

**QuickSmart**
We will be commencing our QuickSmart program this week and look forward to continued success in numeracy skills.

**School Fees**
School Fees for this year are **$45 per child and capped at $105 for families of 3** children or more. We would appreciate if these fees could be sent to school as soon as convenient. Thank you to the many parents who have already paid their school fees for the year.

**Newsletters**
The Newsletter will go home Tuesdays this term for a trial to see if this is more effective. To attempt to cut costs of our newsletters, we are asking if parents could have these emailed rather than receiving a hard copy. If you are willing for this to happen could you please contact the office ladies in writing. An email to the school email is a good option. Thank you to those parents who have already contacted us.

**ICAS NSW Assessments – Years 4/5/6**
Once again we are offering the ICAS Assessments for students from Year 4 to 6. Notes have been given to students in these grades and **please return with payment by this Friday, the 12th February** so that we can place our order for all assessments. This is not compulsory however it is a very useful opportunity for your child to be placed in exam conditions and test their knowledge. You will receive results that inform you of your child’s ability level compared to all students across NSW who have completed the test.

**School Bags**
Nana Glen Public School, School Bags are available at the office while supplies last, for $45.
GRIP Leadership Conference – Year 5/6

In the past two years we have taken all of year 5 and 6 to the GRIP Leadership Conference in Coffs Harbour. In discussions with students, they have all expressed a desire to attend again this year. We value this conference highly and have budgeted to cover the cost of the bus to this conference and subsidise every child $10. The total cost per student will be $25 for the full day conference. If you are interested for your child to attend, please complete the expression of interest note and pay a no-refundable deposit of $10 to secure your child’s ticket. We are required to buy the exact number of tickets for students to attend, so a deposit is essential. Notes and money are due by 7th March 2016.

Scope IT – Years 1 to 6

As we informed our Community last year, we are introducing a program into our school this year to promote Science with our students. This first instalment of this program sees our students from Years 1 to 6 learn how to do coding. To have this program in our school, we have subsidised it heavily to ensure all students can participate. The total cost to the school is $5 per student number in our school each week for the 10 week program with a total cost of $50 per student. We are asking that parents pay $1 per week so the total cost for parents, per child is $10 for the complete program. The total amount is required and no refund will be able to be given for absences as this cost is still incurred each week. The program will begin in week 5 of this term. The program will go into Term 2, and finish in Week 6, Term 2. We are asking that total payment be sent to the office as soon as you are able. Full $10 Payment is due by Friday 19th February.

School Sunnies

Our Sunnies have arrived and we already have two students wearing their sunnies proudly. If you would like your child to have a pair of school sunnies, they are $10 and can be purchased at the office. The office ladies will write your child’s name on their sunnies straight away. The school takes no responsibility for student’s sunnies. Please also be aware that other sunnies are not permitted at school.

Year 3 Bus Passes

New bus pass applications have been sent home for those students in year 3. Could parents please complete and return to the office as soon as possible, the reason these need to be completed again is a requirement of Transport NSW.

Book Club

Book club orders are due back by 12th February 2016.

Kindergarten Bus Safety

Our new kindergarten children had a wonderful time at their bus safety lesson.
School Car park
Please remember that the school car park is only for Staff. We ask that parents do not drive into this car park. This is a decision for the safety of all our students and staff.

School Banking
School Banking is every Wednesday.

School Banking 2016 is set for the outback.

Since 1991, the School Banking program has been introducing interactive and exciting new ways to teach students about money skills. This year’s program invites your child to join the Dollarmites on a wild outback adventure through the Canyon of Savings.

Your school has received parent packs that include all the gear you need to get started. If you haven’t received a parent pack yet, please ask your School Banking Co-ordinator.

Equipping smart savers with eight new reward items in 2016
The School Banking program continues to encourage good savings behaviour by rewarding students with thrilling reward items. For every 10 deposits made through the program, students can redeem a reward from our Outback Savers range. This first two reward items released in Term 1 include Flying Snake Tails and Wildlife Wattle Sets.

You could meet Bindi and Robert Irwin at Australia Zoo
This year, we’re giving students the chance to win a family trip for up to two adults and three kids to explore Australia Zoo and meet Bindi and Robert Irwin, plus:
• A full-day Platinum Zoo Adventure Tour, where you’ll get to pat wombats, cuddle koalas and feed wallabies, all while your personal photographer captures every incredible moment.
• Domestic return economy airfares to Sunshine Coast, Qld, 4 nights’ accommodation, 5 days’ car hire and $1,000 spending money.

Students who make 15 or more School Banking deposits by the end of Term 3, 2016 will automatically receive an entry into the competition.

For more information, visit commbank.com.au/schoolbanking
Canteen News

Last week the new Canteen menus went home to each family with the school newsletter. We would like to thank the teachers and students for their positive feedback, and a big thank you to the parents who have taken the time to call, message and leave notes for us on their children’s lunch bags expressing their gratitude for our New healthier options.

Whilst you are thankful, we are pleased to know that we are providing nutritious and fulfilling food items to our children that they love, and yummy snacks with no added colours or preservatives.

We would like to make special mention of one of our Mums, Reggie Campbell, a local baker who in the early hours of the morning is up baking our delicious, fresh beef pies. The children and teachers are forever grateful for your constant supply, as are we the canteen managers. So thank you Reggie, we look forward to seeing you each week.

We would like to take this opportunity to welcome the new families to the school. If you would like to become involved with the canteen as either a helper in the kitchen or to donate biscuits, cakes or slices, we would love to hear from you. Please advise the office of your availability and leave contact details, or visit us in the canteen of a Friday Morning.

You can send in any baked food items with your children to drop off to the canteen on their arrival. Please keep in mind that we do have some children with nut allergies, and we gratefully accept gluten free treats.

The canteen is off to a great start this year already and we look forward to the busy weeks ahead during term 1.

Feel free to contact us at the school on a Friday if there is anything you wish to discuss.

Kind regards, your canteen managers,

Nicolle and Jaimee.
WEEK 3 COMMUNITY NEWS

Judo

Learn how to defend yourself and feel safe while having fun in both recreational and competitive judo. Judo is a martial art and Olympic sport, ideal for males and females. Meaning ‘the gentle way’ in Japanese, judo has a strong emphasis on safety.

PCYC

$8 a lesson pay-as-you-go

Build confidence

First 2 sessions FREE

Improve:

• flexibility

• balance

• posture

• coordination

Classes Tuesday and Thursday school terms

Phone: PCYC on 6651 9961

Woopi Netball

REGO FOR 5 YEARS TO SENIORS

SENIORS: Tuesday 16th Feb. 5.30-7.30pm.
Comp starts Tuesday 23rd Feb.

NETSETGO! 5-8 YRS, JUNIORS & INTERMEDIATES 9-17 YRS (age splits TBA):

Saturday 27th February and 5th March 9.30-11.30am

Enquiries: Sandra 6654 2743

Come and join our Woopi Netball “Family”

PLAY ON OUR AWESOME NEW COURTS!
Some Rep Team opportunities still available!

www.woopinetball.com or Facebook Woopi Netball

Hockey Fun

Come & Try a New Sport

Equipment Supplied

Date: Saturday 13th February
Venue: Hockey Fields Stadium Drive
9.30am - 12pm Ages 6-8 yrs & 9-12yrs
Cost: $2.00

Sausage Sizzle & Drink Provided

BYO: Joggers, Hat, Drink Bottle, Sunscreen

Shin pads only if you have them...

North’s Hockey Club

Sue 0423663869

Orana Hockey Club

Melora 0425645672
Tantrum Toolbox
One Day Workshop

Thursday 25th February
9.30am–12:30pm
Room A1.10 Maclean TAFE
Woombah St, Maclean

Parents are provided with information about the causes of tantrums
from toddler to pre-teens as well as tips and strategies on how to manage them.

Who’s in Charge?
4 Day Workshop

Thursdays 3rd, 10th, 17th & 24th March
9.30am–12:30pm
Room A1.10 Maclean TAFE
Woombah St, Maclean

A four day group program for parents of teens and pre-teens who are abusive towards them
or beyond their control? Parents are provided information on a range of topics including
changes in the teenage brain, hormones, anxiety and peer pressure. Parents get to
meet and share their experience with other parents in a similar situation and discuss with
the group strategies for dealing with conflict and managing stress.

FREE CHILDCARE AVAILABLE – Bookings Essential

To register for the workshops call
CRANES on 6642 7257 or
email admin@cranes.org.au
Full course calendar available at www.cranes.org.au
<table>
<thead>
<tr>
<th>Workshop</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>1-2-3 Magic</strong></td>
<td>Encouraging good behaviour, independence and self esteem – a simple discipline program that really works!</td>
</tr>
<tr>
<td>One session per week for 3 weeks:</td>
<td></td>
</tr>
<tr>
<td>WHEN: Thursdays 3, 10 &amp; 17 March</td>
<td></td>
</tr>
<tr>
<td>TIME: 10am - 1pm</td>
<td></td>
</tr>
<tr>
<td>WHERE: Burnside Family Centre</td>
<td></td>
</tr>
<tr>
<td>7 McLean Street</td>
<td></td>
</tr>
<tr>
<td>COFFS HARBOUR</td>
<td></td>
</tr>
<tr>
<td><img src="image1.png" alt="Image" /></td>
<td></td>
</tr>
<tr>
<td><strong>Dads — Bringing Up Great Kids</strong></td>
<td>This session in the Bringing Up Great Kids program focuses on how children develop and change over time, how the way we communicate with them impacts on their developmental progress and how to respond to the ongoing challenges of parenting.</td>
</tr>
<tr>
<td>One evening session for 3 hours:</td>
<td></td>
</tr>
<tr>
<td>WHEN: Thursday Evening 31 March</td>
<td></td>
</tr>
<tr>
<td>TIME: 6pm - 9pm</td>
<td></td>
</tr>
<tr>
<td>WHERE: Burnside Family Centre</td>
<td></td>
</tr>
<tr>
<td>7 McLean Street</td>
<td></td>
</tr>
<tr>
<td>COFFS HARBOUR</td>
<td></td>
</tr>
<tr>
<td><img src="image2.png" alt="Image" /></td>
<td></td>
</tr>
<tr>
<td><strong>Brain Development</strong></td>
<td>Practical ideas to help us learn how children’s brains grow and develop. Will also focus on positive bonding/attachment and how this impacts on the children’s brain development.</td>
</tr>
<tr>
<td>One session for 3 hours:</td>
<td></td>
</tr>
<tr>
<td>WHEN: Friday 11 March</td>
<td></td>
</tr>
<tr>
<td>TIME: 10am - 1pm</td>
<td></td>
</tr>
<tr>
<td>WHERE: Burnside Family Centre</td>
<td></td>
</tr>
<tr>
<td>7 McLean Street</td>
<td></td>
</tr>
<tr>
<td>COFFS HARBOUR</td>
<td></td>
</tr>
<tr>
<td><img src="image3.png" alt="Image" /></td>
<td></td>
</tr>
</tbody>
</table>

**ALL COURSES ARE FREE OF CHARGE**
To enrol in any of the above courses, please ring Uniting Burnside on 6659 2800
Places are limited, so please book early!
FEBRUARY ARTICLE

Handwriting Tips

Students who struggle with handwriting may know the content, but have trouble putting their knowledge/thoughts onto paper. Creating messy, illegible writing after so much effort is frustrating and demoralising, and will lead to more learning issues as the student falls further behind.

General Tips

✓ Find a pencil grip that works and invest in a few.
✓ Write letters in multiple contexts, eg. sand, shaving foam, foggy mirror, concrete using chalk, etc.
✓ Warm up hands before starting to write.
✓ Encourage correct body posture, eg. sit at the desk, not laying on the floor, etc.

Tips for Home

✓ Encourage your child to learn keyboard skills.
✓ Put the alphabet in plain view when working on writing.
✓ Help your child with written homework, eg. let them dictate to you.
✓ Use cutlery to eat to encourage fine motor skills.
✓ Play games with small pieces, eg. Lego, jenga, marbles, etc.
✓ Write letters on your child’s back and vice versa.
✓ Encourage the writing experience eg. add items to the shopping list, write down a dinner choice, write notes to each other, etc.

Tips for School

✓ Allow students to print if cursive is too hard.
✓ Provide a photocopy of instructions rather than expecting the student to copy everything.
✓ Allow the use of a computer if needed.
✓ Have the alphabet stuck on the desk for quick reference.
✓ Break tasks up, eg. 1. Complete writing task, 2. Add punctuation, 3. Check spelling, etc.
✓ Give less work to be complete by hand, eg. five sums instead of ten.
✓ Allow more time to complete work.


Have you read this article...


Have you seen this book...


Have you googled this website...

A great range of fact sheets relating to pencil grip, hand strength, low muscle tone, etc.