Welcome to week 2. There are many exciting things happening very quickly this year.

Today is the first day of school for our new Kindergarten students. We would like to welcome all our kindergarten parents to our school. We would also like to extend a very warm welcome to our new students and their parents. It is lovely to see the new faces amongst our wonderful students.

New classes have been formed and we will begin the year with our present numbers. If these change dramatically we will re-evaluate the classes if this is required. By the next few weeks all teachers will have sent home a class letter to welcome in the new year and outline the activities and requirements for their classes.

Some common information that is relevant to all classes is present in this newsletter. Please make yourself aware of these items so that everyone is informed of school information and requirements.

I would like to welcome our new canteen organisers, Nicole Fielding and Jaimee Woodlock. They will officially take over this role after the P&C AGM but have already started working hard. Trish Flaherty has volunteered to open the canteen on Mondays and further discussion will happen before this is introduced. We will keep everyone informed. At this time I would like to thank Jane Shannon for her dedication to our canteen over the past years. Jane has worked very hard to organise and ensure the canteen has run efficiently in this time. Jane is moving on to new and exciting challenges with her teaching. We wish her well. Thank you Jane! If you are able to support our canteen and would be willing to volunteer on Mondays and/or Fridays, please let the school know. We cannot run these facilities in our school without the support from our families.

There is a lot of information in this newsletter and some items are for specific grades. Students whom are involved in specific activities will also have separate notes. Please return these by the due date.

Have a Great Week. Don’t forget to ask your child, “what went well for you today?”

D.Nicholls

**School Fees**

School Fees for this year are **$45 per child and capped at $105 for families of 3** children or more. We would appreciate if these fees could be sent to school as soon as convenient.
**Newsletters**

The Newsletter will go home Tuesdays this term for a trial to see if this is more effective. To attempt to cut costs of our newsletters, we are asking if parents could have these emailed rather than receiving a hard copy. If you are willing for this to happen could you please contact the office ladies in writing. An email to the school email is a good option. Thank you to those parents who have already contacted us since last week.

**ICAS NSW Assessments – Years 4/5/6**

Once again we are offering the ICAS Assessments for students from Year 4 to 6. Notes have been given to students in these grades and **please return with payment by Friday the 12th February** so that we can place our order for all assessments. This is not compulsory however it is a very useful opportunity for your child to be placed in exam conditions and test their knowledge. You will receive results that inform you of your child’s ability level compared to all students across NSW who have completed the test.

**GRIP Leadership Conference – Year 5/6**

In the past two years we have taken all of year 5 and 6 to the GRIP Leadership Conference in Coffs Harbour. In discussions with students, they have all expressed a desire to attend again this year. We value this conference highly and have budgeted to cover the cost of the bus to this conference and subsidise every child $10. The total cost per student will be $25 for the full day conference. If you are interested for your child to attend, **please complete the expression of interest note and pay a no-refundable deposit of $10 to secure your child’s ticket**. We are required to buy the exact number of tickets for students to attend, so a deposit is essential.

**Scope IT – Years 1 to 6**

As we informed our Community last year, we are introducing a program into our school this year to promote Science with our students. This first instalment of this program sees our students from Years 1 to 6 learn how to do coding. To have this program in our school, we have subsidised it heavily to ensure all students can participate. The total cost to the school is $5 per student number in our school each week for the 10 week program with a total cost of $50 per student. We are asking that parents pay $1 per week so the **total cost for parents, per child is $10 for the complete program**. The total amount is required and **no refund will be able to be given** for absences as this cost is still incurred each week. The program will begin in week 5 of this term. The program will go into Term 2, and finish in Week 6, Term 2. We are asking that total payment be sent to the office as soon as you are able.

**School Sunnies**

Our Sunnies have arrived and we already have two students wearing their sunnies proudly. If you would like your child to have a pair of school sunnies, they are $10 and can be purchased at the office. The office ladies will write your child’s name on their sunnies straight away. The school takes no responsibility for student’s sunnies. Please also be aware that other sunnies are not permitted at school.
Uniform
Students are required to wear uniform every day. There are available stores of shirts, shorts, skorts, skirts and hats at the office for purchase. We ask that if you are purchasing boys shorts outside of the school, please purchase the stubbies brand so that we have consistency in our navy colour. We would to reinforce that board shorts are not school uniform. Students should be wearing either navy or white socks and I ask the varied and different coloured socks not be worn to school. Students should wear black shoes and these may either be closed in lace up, buckle up shoes, or black joggers. Students must wear a school hat to play out in the open playground. If students forget their hat, they may play under the COLA in the shade. We do not believe in the policy, “No Hat/ No Play”, instead we have followed the policy that “No Hat/ Play in the undercover (COLA)".

Jewellery/Make up/Nail polish etc
These items are not school uniform and are to be kept for weekends and holidays. Students will be asked to remove jewellery and make up at school. Nail polish will need to be removed at home.

Absences
All children are required to be at school for all school days unless your child is ill. Parents or carers of children of compulsory school age are responsible for ensuring their child attends school every day. It is also important that your child arrives at school before the beginning of the day and does not leave school until the end of the school day. Students should arrive by about 9am so that children can have the opportunity to develop their social skills and release some energy before they face the challenges of their school day. Parents and carers must notify the school within two days of your child’s absence. Remember we have our school App and it has the facility to send in your absent notices.

School Bags
Nana Glen Public School, School Bags are available at the office while supplies last, for $45.

School Car park
Please remember that the school car park is only for Staff. We ask that parents do not drive into this car park. This is a decision for the safety of all our students and staff.

Choir / Keyboard and Guitar Group
These valued activities will begin in week 3, Tuesday the 9th February. All students who are interested will be provided with a note this week. Choir is open to students from Years 3-6. Keyboard and Guitar group is available to Years 4-6 first. Yearly cost for these programs has not changed from last year’s fees.

School App
The school App is free to all parents. Please search Nana Glen Public School from the App store and look for our emblem.
Message from the President
Welcome back, hope your holiday was wonderful and relaxing. Today was back to school with the swimming carnival. We have a run with the carnivals in the next two weeks so let’s get our swim on.

P&C meeting is on 17th February and this will be the AGM. All welcome to come along it is $2.00 to join and the more the merrier. We love your input.

Let’s get into another awesome school year. Bec
WEEK 2 COMMUNITY NEWS

**Orara Valley Tomahawks Junior Rugby League Registration Day!**

- Tomahawks Junior Rugby League Club is inviting new and past players in the Coffs Harbour and Western District areas to register for the 2016 season.
- **Registration Day** to be held this **Saturday 6th of February** at the Big Bananas new Water Slides from 11:45am until 1:15pm, pizza lunch included.
- Register your child now or on the day and they slide for free!
- Simply follow the link [http://www.playnrl.com/register/](http://www.playnrl.com/register/)
- Registration fees have been discounted to $80 per child and $60 for all other children from the one family.
- For more information, please email oraravalleytomahawks@hotmail.com or call Naomi Crawford (Registrar) on 0488 002 350, or Amanda Christie (Secretary) on 0437 053 337.

**Orara Valley Physi**

*Its dance- with a difference!*

Physi is elegant, glamorous and challenging. It's fitness, fun and friendship. It's posture, poise, flexibility and core strength. Orara Valley Physi is a not-for-profit Club that provides dance classes and routines to girls and ladies of all abilities aged from 4 to 84.

We invite you to come along to some of our classes and see what Physi is all about.

**Registration and Display Days**

Coramba Hall on 4th Feb @ 3.30pm-5.30pm

Glenreagh Markets on 6th Feb

Nana Glen Pool Entrance on 7th Feb @ 9.00am-12.00pm

**Classes are held at Coramba Hall and resume on 11/02/2016 for 4-12yr.**

Ladies classes resume 18/2/16.

- 4, 5 & 6yrs: 4.15pm-5.00pm
- 7 & 8yrs: 5.00pm-5.45pm
- 9,10,11& 12yrs: 5.45pm-6.45pm
- Ladies Classes: 7.00pm-8.00pm (classes free for 1st term)

For more info call Lynne on 0452 226 717 or Leonie on 0400 430 632 or find us on facebook
Who’s in Charge?

4 Day Workshop

A four day group program for parents of teens and pre-teens who are abusive towards them or beyond their control? Parents are provided information on a range of topics including changes in the teenage brain, hormones, anxiety and peer pressure. Parents get to meet and share their experience with other parents in a similar situation and discuss with the group strategies for dealing with conflict and managing stress.

FREE CHILDCARE AVAILABLE – Bookings Essential

To register for the workshops call CRANES on 6642 7257 or email admin@cranes.org.au

Full course calendar available at www.cranes.org.au

Tantrum Toolbox

One Day Workshop

Thursday 25th February
9.30am–12:30pm
Room A1.10 Maclean TAFE
Woombah St, Maclean

Parents are provided with information about the causes of tantrums from toddler to pre-teens as well as tips and strategies on how to manage them

Who’s in Charge?

4 Day Workshop

Thursdays 3rd, 10th, 17th & 24th March
9.30am–12:30pm
Room A1.10 Maclean TAFE
Woombah St, Maclean

A four day group program for parents of teens and pre-teens who are abusive towards them or beyond their control? Parents are provided information on a range of topics including changes in the teenage brain, hormones, anxiety and peer pressure. Parents get to meet and share their experience with other parents in a similar situation and discuss with the group strategies for dealing with conflict and managing stress.

FREE CHILDCARE AVAILABLE – Bookings Essential

To register for the workshops call CRANES on 6642 7257 or email admin@cranes.org.au

Full course calendar available at www.cranes.org.au
Handwriting Tips

Students who struggle with handwriting may know the content, but have trouble putting their knowledge/thoughts onto paper. Creating messy, illegible writing after so much effort is frustrating and demoralising, and will lead to more learning issues as the student falls further behind.

General Tips
✓ Find a pencil grip that works and invest in a few.
✓ Write letters in multiple contexts, eg. sand, shaving foam, foggy mirror, concrete using chalk, etc.
✓ Warm up hands before starting to write.
✓ Encourage correct body posture, eg. sit at the desk, not laying on the floor, etc.

Tips for Home
✓ Encourage your child to learn keyboard skills.
✓ Put the alphabet in plain view when working on writing.
✓ Help your child with written homework, eg. let them dictate to you.
✓ Use cutlery to eat to encourage fine motor skills.
✓ Play games with small pieces, eg. Lego, jenga, marbles, etc.
✓ Write letters on your child's back and vice versa.
✓ Encourage the writing experience eg. add items to the shopping list, write down dinner choice, write notes to each other, etc.

Tips for School
✓ Allow students to print if cursive is too hard.
✓ Provide a photocopy of instructions rather than expecting the student to copy everything.
✓ Allow the use of a computer if needed.
✓ Have the alphabet stuck on the desk for quick reference.
✓ Break tasks up, eg. 1. Complete writing task, 2. Add punctuation, 3. Check spelling, etc.
✓ Give less work to be complete by hand, eg. five sums instead of ten.
✓ Allow more time to complete work.


LDC Regional, Rural & Remote Schools E-Update
Feb 2016

FEbruary Article

02 9806 9960
PO Box 140 Westmead 2145
F: 02 9668 2871
E: info@ldc.org.au
W: www.ldc.org.au

Please contact the LDC office if you would like HelpLine brochures/posters for your school.

MEMBERSHIP COSTS
1 year School M’ship $50
3 year School M’ship $135

MEMBERSHIP BENEFITS
INCLUDE:
• A Quarterly Newsletter
• Fortnightly Member Updates relating to LD.
• Discount on LDC resources
• Discount on entry to LDC seminars

RESOURCE HIGHLIGHT

ASSISTING STUDENTS WITH ATTENTION DEFICIT DISORDER
A Guide for Secondary Teachers, By V Hastings

An overview of ADD - what it is, how it affects the student, how to assist the student (re behaviour, organisation, social, etc.), the parent’s role and the school’s role.

$10 for LDC members
$15 for non members

See www.ldc.org.au for details

Have you seen this book...

Have you googled this website...
A great range of fact sheets relating to pencil grip, hand strength, low muscle tone, etc.

The information herein is provided on the understanding that the Learning Difficulties Coalition HelpLine is NOT providing professional advice and services. The information herein provided is NOT to be used as a substitute for professional, medical, or clinical advice.